

“The Annunciation of the Angel Gabriel to Mary”...

FROM THE GOSPEL ACCORDING TO - LUKE - :

“The angel Gabriel was sent from God to a virgin... And entering to her, he said: ‘Rejoice, O you who are full of grace! The Lord is with you.’ At these words, she was troubled, and she asked herself what the meaning of such a greeting might be.” (Luke 1:26-29)¹

MEDITATION ON THE MYSTERY:

But how did this Angel enter to Mary? Surely You permitted the Angel to come to her without specifying to us how, precisely because you want us to understand that the Announcement of the Angel in our life can happen in many mysterious ways. (Cf. Job 33:14ff) (SLC, p. 64)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH :

- In regards to Announcements, Pope Benedict XVI says: “The Lord always speaks in the present and with an eye to the future.”
(POPE BENEDICT XVI, *Jesus of Nazareth: From the Baptism in the Jordan to the Transfiguration*, electronic edition, Ch. 8, translated by Adrian J. Walker, Doubleday 2007)

¹ from the Italian Jerusalem Bible (CEI) 2008, unpublished translation by pfgsm

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen) :

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Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)
- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...